



PMO Global Institute Inc.

# Project Management Essential Specialist (PMES)<sup>®</sup> Exam Content Outline 2025



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## Exam Content Outline

The following table identifies the proportion of questions from each section that will appear on the examination:

S.L	Domain/Focus Area
01	Fundamentals of Project Management
02	PMXL® Framework
03	Project and Strategic Planning
04	Project Management Approach or Methodologies
05	Starting a Project
06	Strategic Project Management
07	Scope Management
08	Schedule a Project
09	Cost Management
10	Quality and Compliance
11	Managing People
12	Managing Risk and Issues
13	Stakeholder Engagement
14	Sustainability in Project Management
15	Governance and Approval in Project Management
16	Artificial Intelligence in Project Management
17	Closing a Project

Note: This scoring model is periodically reviewed by scoring experts to ensure a valid assessment of knowledge and skills.

### PMES® Examination Information:

No. of Questions	Allocated Examination Time
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60	80 Minutes
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\*\*Passing marks - undisclosed

### Exam Questions Types

Candidates can expect various question types in the exam, including but not limited to::

- Multiple Choice Questions
- Drag and Drop Mapping Questions
- Multi Response Questions
- Definition type questions
- Fill in the blanks

### Sample Question:

Sarah, a project manager at a fintech startup, is leading a project to develop a new mobile banking app. During the third sprint, the compliance team requests additional security features that were not part of the original scope. These changes will require additional development time and resources. **What should Sarah do?**

- A. Approve the request immediately to keep the compliance team happy.
- B. Implement the changes without reviewing the impact.
- C. Follow the change control process to evaluate feasibility and impact.
- D. Reject the request outright to prevent project delays.

**Correct Answer: C)** Follow the change control process to evaluate feasibility and impact.

**Explanation:** A change control process ensures that any scope modifications are evaluated for feasibility, impact, and trade-offs before approval.

### Retaking the Exam

If the candidate does not pass on the first exam attempt, the candidate is encouraged to continue study and retake the exam. Candidates may take the examination up to three times within one-year time. If a candidate does not pass the exam within the one-year eligibility period, they must reapply for certification..

### PMES® Application and Eligibility Criteria

To eligible for PMES® exam, candidates will have to fulfill the following eligibility criteria:

TRAINING	EXPERIENCE
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<p>Training and Preparation: Candidate must complete a minimum of 16 hours of formal Project Management Essential Specialist (PMES)<sup>®</sup> exam preparation training from PMO Global Institute or PMaspire authorized trainer. This training ensures that all candidates have a foundational understanding of project management essential functions before taking the certification exam.</p>	<ul style="list-style-type: none"> <li>● No prior project management experience Required</li> <li>● Open to students, fresh graduates, and professionals from any industry.</li> <li>● A basic understanding of business operations is recommended but not mandatory.</li> <li>● Commitment to completing the training and certification exam.</li> </ul>
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**Required Documents while submitting the application:**

1. Identity card e.g. passport copy, National ID (English), driving license
2. PMES<sup>®</sup> Course Completion Certificate provided by PMOGI or PMaspire authorized training instructors
3. Curriculum vitae (CV)

**PMES<sup>®</sup> Exam Fee**

First Attempt	Second and Third Attempt
\$199 USD - Payment link <a href="#">(Click Here)</a>	\$129 USD - Payment link <a href="#">(Click Here)</a>

**Rescheduling the PMES<sup>®</sup> Exam**

<p>If you reschedule or cancel your exam within 30 days of your scheduled appointment, you will be charged a fee of US \$70 - Payment link <a href="#">(Click Here)</a></p>
<p>If you reschedule or cancel your exam within 48 hours of your scheduled appointment, you will be charged a fee of US \$99 - Payment link <a href="#">(Click here)</a></p>

**Certificate Appeal Procedures**

All challenges to the PMOGIs Certification Program are governed by the PMOGI Certification Appeals Procedure. This appeal process is the only method to review decisions made by PMOGI regarding desired certification status. Examples of an appeal include but are not limited to:

- Rejection of a certification application
- Dispute over a failed audit
- Failure to meet renewal requirements resulting in a certification being revoked



- Invalidation of exam results and related actions due to candidate misconduct

All certification-related appeals must be reported within 15 days of the event/incident cited, made in writing, and sent to PMOGI Certification body: via an email at [support@pmogi.org](mailto:support@pmogi.org)

To request an appeal, you must submit a request and include evidence supporting the reason for the appeal and the nature of the request, including all reasons why the action or decision should be reviewed and changed. An appeal must include:

- Name and e-mail address of the appellant
- A description of why the appeal should be granted; and
- Any applicable evidence that supports the appeal.

We will acknowledge, in writing, your appeal within 3 days upon receipt of the same. The review and validation of the appeal will occur in a constructive, impartial and timely manner. You will be notified of the appeal decision within 15 days of receipt of the appeal, unless circumstances warrant a delay. If a delay is expected, the candidate will also be notified in due course of time. A record of the appeal, including any subsequent action(s) taken, and the decision made will be maintained by PMOGI. All information pertaining to the appeal will remain confidential. For any further clarification or queries, please email at [support@pmogi.org](mailto:support@pmogi.org)

### **What is the process to renew the certificate?**

The PMES® certification is a lifetime credential with no continuing education requirements.

### **PMO Global Institute Inc.**

PMO Global Institute Inc. is the global body for PMO certifications, representing global project management offices including project, program, and portfolio managers involved in defining, establishing, and running high-performing Project Management Offices (PMOs) in and across industry sectors. The objective of PMO Global Institute is to make PMO learning available to project professionals across the globe through certifications, events, networking and hands on knowledge sharing.

### **PMaspire Global Inc. - Exclusive Global Distribution Partner**

PMaspire is a leading global provider of project management solutions and the exclusive global distributor of PMO Global Institute Inc.'s project management consultant certifications.. With a network of **650+ global partners** and a track record of serving over **120,000 project professionals worldwide**, PMaspire stands at the forefront of project management excellence. As a trusted industry leader, PMaspire offers a **comprehensive suite of project management solutions**, empowering organizations and professionals to enhance their project execution capabilities.

Any queries, please email at [support@pmogi.org](mailto:support@pmogi.org)

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**Thank You !**